

# Fountain City Christian School

August 22 - September 21, 2018



## Welcome Back

### Wednesday

8/22

Salisbury Steak  
Mashed Potatoes  
w/gravy  
Steamed Broccoli  
Peaches  
Bread and Butter  
Milk

### Thursday

8/23

Chicken and Noodles  
Mashed Potatoes  
Green Beans  
Grapes  
Dinner Roll  
Milk

### Friday

8/24

Cheese & Pepperoni Pizza  
Mixed Vegetables  
Carrot Sticks  
Low Fat Ranch  
Pears  
Milk

8/27

Chicken Patty/WG Bun  
French Fries  
Broccoli & Cheese  
Apple Half  
Milk

8/28

Spaghetti  
Breadstick  
California Blend  
Applesauce  
Brownie  
Milk

8/29

Chicken Fajitas  
Whole Grain Tortilla  
Romaine Lettuce  
Cheese  
Salsa  
Green Beans  
Cherry Crisp  
Milk

8/30

Chicken drumstick  
Mashed Potatoes  
Peaches  
Celery & Peanut Butter  
Milk

8/31

Hamburger/Bun  
Fries  
Fruit Slushie  
Carrot Sticks  
Ranch Dressing  
Milk

9/3

No School

9/4

Sloppy Joe/Bun  
Baked Beans  
Banana  
Tator Tots  
Milk

9/5

Popcorn Chicken  
Scalloped Potatoes  
Mixed Vegetables  
Fortune Cookie  
Pineapple  
Milk

9/6

Chicken and Noodles  
Mashed Potatoes  
Green Beans  
Grapes  
Dinner Roll  
Milk

9/7

Foot Long Hot Dog  
Tator Tots  
Corn  
Fruit Cocktail  
Milk

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**9/10**

No School

**9/11**

Pizza Sub  
Key West Blend  
Apple Crisp  
Milk

**9/12**

Soft Taco  
Refried Beans  
Salsa  
Pineapple  
Dessert  
Milk

**9/13**

Macaroni & Cheese  
Chicken Nuggets  
Green Beans  
Applesauce  
Milk

**9/14**

Cheese & Pepperoni Pizza  
Side Salad  
Low Fat Dressing  
Corn  
Orange Half  
Milk

**9/17**

Chicken Strips  
Mashed Potatoes  
w/gravy  
Cooked Carrots  
Pears  
Dinner Roll WG  
Milk

**9/18**

Walking Taco  
Lettuce  
Tomato  
Cheese  
Green Beans  
Fruit Slushie

**9/19**

Corn Dog  
Vegetable Soup  
Mandarin Oranges  
Cookie  
Milk

**9/20**

Grilled Chicken Sand  
Side Salad  
Low Fat Dressing  
Cooked Carrots  
Grapes  
Milk

**9/21**

Mini Sub/Bun  
Cheese Slice  
Corn  
Side Salad  
Low Fat Dressing  
Orange  
Cookie  
Milk

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